Introduction

Care for Tiny Hearts 2019 is the 11th of its series for the organization. Tiny Hearts of Maldives partnered with Aasandha Company Limited for the 3rd time under the 5 year MoU signed in 2017. Hulhumale Hospital was the host institution for the third consecutive year. This year’s camp was scheduled from 10-12 March 2019. 2 Visiting Paediatric cardiologists from AIMS, Kochi, India consulted at the camp.

Aim

1. To ensure that children diagnosed with CHD receives the best possible care with in Maldives, including surgery follow up review without having to fly overseas.
2. Identify the need for early interventions and reassure parents and families and provide support for the families while ensuring the well-being of the kids.

Partner organizations

- Aasandha Company Limited – Event Partner
- Hulhumale Hospital – Host institution
- State Trading organization – Event Partner
- Universal Foundation – 2019 Platinum Member of THM
- Amrita Institute of Medical Sciences (AIMS), Kochi, India – Medical Partner
- Eve Garment – Shirt Provider
- Brothers Catering – Catering Partner

Announcement and registrations

Advertisement for Care for Tiny Hearts 2019 was published on social media accounts of THM from Jan 28th till Feb 21st and THM parents Viber community (107 members). The post reached 7306 people on Facebook. A total of 190 slots were allocated for the 3 days camp. And more than 200 names were noted during the 1 month period for camp. All yearly reviews and patients who underwent a surgery/intervention in 2018 was followed up and noted for camp if interested.

After careful consideration 190 appointments were given based on priority and need. The remaining names were put in a waiting list. After the end of the registration period, calls that came through were put on waiting list according to priority and informed the process that will be followed if an appointment gets cancelled.
THM Team

A team of 27 volunteers were active during the camp period and along with the dedicated staffs of Hulhumale hospital the team worked tirelessly to achieve the goal for this year’s camp.

Additionally, 5 volunteers worked from Office during the preparatory period to sort out the appointments and administrative work ahead of the Camp. 2 CHD warriors also volunteered during the Camp which was a first time experience for them as well as the Organization. Volunteer’s tasks were pre-assigned at the briefing meeting held 1 week earlier and camp protocols were detailed during the meeting.

A member of the Board gave hands-on operational oversight through all stages of design and implementation of the Camp

Camp days

THM ran a 3 day Camp from 10-12 March 2019, Sunday to Tuesday. A total of 190 patients were consulted at the Camp by the end of 3 days.

Consultation sessions: Morning 7:30am to 12pm, Afternoon 1:30pm to 5pm.

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<th>Morning</th>
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<td>Day 1</td>
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<td>Day 2</td>
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<td>Day 3</td>
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Daily consultations
26 appointments were cancelled due to no show and inability to travel. However a few last minute requests and waiting list patients were accommodated during the camp depending on the severity of their need. A total of 98 patients travelled to the Camp from the Atolls, while 92 were from Greater Male’ area.

77 patients were issued echocardiogram reports while 66 patients were screened without reports and the rest had recent echocardiograms (less than 3 months), hence no echocardiogram was done at the Camp. Additionally 11 ECGs were also done on Doctors request.

**Echocardiograms**

By the end of the camp, 9 patients were advised to review in less than 3 months’ time while 24, 94 and 19 patients were advised to review in 6 months, 1 year and 2 years’ time respectively. 6 patients were also advised to review in 3 years’ time or if any symptoms presents. Additionally 22 patients were classified as near normal (not requiring anymore cardiac follow up). 18 patients were identified as needing surgery or further interventions and advised accordingly.

**Review and follow up**

Among those needing further interventions a priority list was made according to severity and time of intervention. 12 patients were given the green light, meaning that they are ready for surgery or intervention (travel at their convenience but no later than 6 -12 months time). 6 patients were advised to follow up to do further evaluation before surgery planning. Rest of the patients will need an intervention when they reach a certain age or health status.
Fetal Heart Screening

A fetal Heart screening was not an official part of this year’s camp; however 3 high risk mothers were seen at the camp. No reports were issued, however, reassurance and counseling on way forward was provided.

Media Coverage

Event promotion started 1 week ahead of Camp dates and included 4 appearances on separate media outlets (Raajje TV, VTV, TVM and Dhivehi Raajeyge Adu) inclusive of the national TV and Radio station. Media was led by a camp coordination team member and equal opportunities were given to Aasandha staff to promote the event as well.

During the camp several news outlets covered the event and a press statement was shared with them with the updated stats. Social media coverage was led by a team of dedicated volunteers and updated accordingly with the mention of supporters.

Camp was visited by honored guests ranging from the Minister of Health, WHO Representative to the Maldives, and Managing Director of Aasandha.

Thank you

Care for Tiny Hearts camp 2019 was conducted with the unwavering support from our partners, thank you on behalf of the executive committee for the continuous support received for the families of CHD patients.

- Aasandha Company Limited and Team
- Hulhumale’ Hospital and Team
- Universal Foundation
- State Trading Organisation
- AIMS, Kochi, India
- Dr. Balu Vaidyanathan
- Dr. Shine Kumar
- Dr. Moosa Manik Ibrahim
- Brothers catering
- Eve garments
- THM volunteers team

Tiny Hearts of Maldives appreciates your kind support to our initiative and look forward to many more collaborations in the future. We hope to extend the camp to more kids in the coming years and bring it closer to those in need around Maldives.